

# CURRICULAM VITAE – HSE OFFICER

## ABDUL SUBHAN

HSE OFFICER

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### OBJECTIVE

To work in a dynamic & progressive organization to increase stakeholder's worth by fully utilizing my potentials in technical and interpersonal skills and to help me to grow further professionally, technically and financially, thus becoming an effective team player in a progressive organization.

### ACADEMIC QUALIFICATION

- Diploma of Associate Engineering in Mechanical Technology
  - Punjab Board Of Technical Education, Lahore, Pakistan. (2001)
- Higher Secondary Certificate.
  - Armed Forces Board For Higher Education , Rawalpindi ,Pakistan (1989)
- Secondary School Certificate (Science)
  - Board Of Intermediate & Secondary Education, Lahore , Pakistan(1982)

### PROFESSIONAL ATTRIBUTES / SKILLS:

- Good organizational skills
- Strong leadership and Interpersonal skills
- Excellent teamwork and communication skills
- Ability to effectively work in multi-cultural environment
- Previous HSE Officer Experience in the Construction, Maintenance, Aviation, Roads Industry.

**13 years' experience in the Field of Health, Safety & Environmental** as a Safety Officer, Site Safety Supervisor, Safety Professional, Field Safety Officer and HSE Coordinator with effective team builder, strong leadership qualities, ability to relate to people at any level of management. Excellent communication skills in written / oral innovative, effective problem-solver, well organized, attentive to details, team player. Significantly contribute to process development toward safe handling of projects.

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## PROFESSIONAL COURSES & CERTIFICATION

<b>IOSH MANAGING SAFELY</b>	INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH (U.K)
<b>OSHA 30 HRS CONSTRUCTION &amp; GENERAL INDUSTRY OUTREACH SAFETY</b>	OCCUPATIONAL SAFETY & HEALTH ADMINISTRATION – USA
<b>INCIDENT ACCIDENT ANALYSIS, CORRECTIVE AND PREVENTIVE ACTION</b>	ASSE – KUWAIT
<b>PREVENTION OF WORKPLACE RELATED DISEASES</b>	ASSE – KUWAIT
<b>BASIC FIRST AID TRAINING</b>	INTERNATIONAL CENTER FOR TRAINING & DEVELOPMENT – UAE
<b>BASIC FIRE PROTECTION</b>	INTERNATIONAL CENTER FOR TRAINING & DEVELOPMENT – UAE
<b>HEARTSAVER® FIRST AID WITH HANDS ONLY CPR</b>	KUWAIT MEDICAL ASSOCIATION TRAINING CENTER
<b>BASIC LIFE SUPPORT COURSE</b>	MINISTRY OF HEALTH – DEPARTMENT OF EMS, KUWAIT
<b>COMPETENCY IN SCAFFOLDING SAFETY</b>	SCAFFOLDING TRAINING INSTITUTE – USA.
<b>FIREFIGHTING HBAC – UK L-2</b>	IMEX INTERNATIONAL - KUWAIT
<b>RIGGING OPERATION</b>	IMEX INTERNATIONAL - KUWAIT
<b>H2S SAFETY</b>	IMEX INTERNATIONAL - KUWAIT

## TRAININGS ATTENDED:

- ✓ H2S / Breathing Apparatus
- ✓ Gas Testing
- ✓ Working at Height
- ✓ Lockout Tag out
- ✓ Electrical Safety
- ✓ Fire Fighting Safety
- ✓ Confined Space Entry
- ✓ General Safety
- ✓ Behavioral Based Safety Management
- ✓ Supervision & Leadership
- ✓ Environmental Control & Monitoring
- ✓ Safe Work Method Statement
- ✓ Occupational Health at workplace

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## PROFESSIONAL EXPERIENCE:

1	<b>Al Khadda International General Trading and contracting company.</b>
	Client: KOC (42-inch pipeline)
	Senior Safety Officer
2	<b>Worked with NASA Constructions at Tamdeen Square since 2016 to till 2017.</b>
	Client: Tamdeen Square Group
	Senior Safety Officer
3	<b>Worked with Kuwait Arab Contractors at Jaber Al-Ahmad Al-Jaber Al-Sabah Hospital (2012I to 2016)</b>
	Client : MPW
	Safety Officer
4	<b>Worked with Hyundai – HEC (Heavy Engineering &amp; Construction) since 2011 to 2012.</b>
	Client: Ministry of Health (United Medical Services)
	Safety Officer
5	<b>Worked with Hyundai – HHI (Heavy Industries Company. LTD.) Since 2009 to 2011.</b>
	Client : KOC
	HSE Officer
6	<b>Worked NOSSET Petroleum Equipment Company – 2004 to 2009</b>
	Client: Drilling Companies
	HSE Officer

## RESPONSIBILITIES:

- Daily safety inspection of the site to identify the hazards, safe condition and act accordingly.
- Organize Daily Tool Box meeting prior to job to enhance knowledge and promote OHS awareness among employees.
- Maintain and implement the site Health, Safety & Environmental (HSE) plan, firefighting plan, emergency evacuation plan.
- Follow up on PTW (Permit to Work) systems, inspections and planning safety arrangements for job.
- Investigation of all Accidents, incidents/ injuries / Near misses / Spills / Fires to find the root causes and recommend corrective actions, reporting to superiors immediately and follow proper procedures.
- Evaluate and ensure the proper use of PPE at job site and minimize unsafe condition & acts of operation.
- Expertise in hazard identification, risk analysis, risk assessment and job safety analysis. Create safety awareness by promoting safety meetings, presentations and open discussion forums etc.
- Organize safety training on the job as well as in the class room regularly to existing employees, conduct safety orientation/introduction and training for new entrants as well.
- Ensuring the standards of Emergency services like Fire Extinguishers, First Aid Box.
- Ensure and document company's compliance with mandatory HSE requirements and bring to management's attention the areas of deficiency.
- Preparation and maintain of various daily, weekly and monthly safety records including all heavy equipment.

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## APPROVALS

Position	Project Site
SAFETY OFFICER	KOC – PROJECT – 15051088
SAFETY OFFICER	KOC – PROJECT – 13050702
SAFETY OFFICER	TAMDEEN SQUEARE GROUP
SAFETY OFFICER	MPW
SAFETY OFFICER	GULF CONSULT
SAFETY OFFICER	HEC – KOC
SAFETY OFFICER	HHI – KOC

## PERSONAL PROFILE:

Date of Birth : August-1966  
Nationality : Pakistani  
Marital Status : Married  
Visa Status : Transferable Visa (Article 18)  
Civil ID No : 266081303705  
Driving License : Light Duty

## LANGUAGES

Language	Listening power	Speech level	Writing	Reading
English	Excellent	Excellent	Excellent	Excellent
Arabic	Excellent	Good	Normal	Normal
Urdu	Excellent	Excellent	Excellent	Excellent
Hindi	Excellent	Good	Excellent	Excellent

I hereby declared that mentions above information are accurately correct and all relevant original documents will be provided upon requirement.

Abdul Subhan